



## AccompliQ Secure Account & Password Log

This form is designed to securely record your current passwords for personal, business, and social accounts. Update entries as needed. Print and store this document in a safe, secure location.

Website / App	Account Name	Username / Email	Password



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## **Password & Digital Security Tips**

- Use unique passwords for every website or service.
- Passwords should be at least 12 characters long.
- Combine upper/lowercase letters, numbers, and symbols.
- Avoid using birthdays, names, or common words.
- Enable two-factor authentication whenever possible.
- Do not store this document digitally unless encrypted.
- Keep printed copies in a secure location.
- Update passwords every 6–12 months.
- Never share your passwords via email or text.



## Important Notes

This document is intended for personal use only.

AccompliQ does not store or access your passwords.

You are responsible for safeguarding this information.

For best security:

- Print and store in a locked location, OR
- Use an encrypted digital vault if stored electronically.

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